

What Do You Need? 2007-08

A UK-wide survey of people with diagnosed HIV

Scotland NHS Boards of residence data report (n=49, March 2009)

This report uses data from the UK *What do you need? survey* 2007-08, conducted by Sigma Research in collaboration with 110 charitable AIDS Service organisations and HIV out-patient clinics, care agencies and health promoters throughout the UK. It supplements the main survey report which is available at www.sigmaresearch.org.uk/go.php/reports/report2009b/ Survey methods and interpretation of the variables are outlined in that report.

This data is intended to provide HIV service planners with information about their local population of people with diagnosed HIV. The report contains data from people who live in Scotland and for whom National Health Service Board of residence is known. Respondents are grouped according to the health board in which they live.

There are also whole country reports for England and Wales. There are also individual data reports for each Strategic Health Authority (SHA) in England which have 20 or more responses from one or more of their PCTs, with people grouped according to their Primary Care Trust (PCT) of residence. All these reports are available at: www.sigmaresearch.org.uk/go.php/local/hiv/wdy08

The data

The survey used two data collection methods over seven months from 5th June 2007 until 5th January 2008: a self-sealing, Freepost addressed booklet distributed by clinics and AIDS service organisations; and via a specific website promoted via links on AIDS service organisation websites. The web version was made available in both English and French.

This report contains data from all the people recruited through both methods. To be included in the sample respondents had to: be aged 16 or over; be living in the UK; have diagnosed HIV infection. Differences between the number of surveys returned and the number of people who appear in the sample are due to these exclusions.

The tables

Groups of people living in the same health board appear as a row (horizontal line) in the tables. The bottom row of each table gives the result for all people living in Scotland. The first table shows the number of people recruited to the survey living in each Health Board and the size of the sub-samples in the rest of the tables. Health Boards with fewer than 20 men in the sample are reported as "all other people". The tables show the proportions (%) of each sub-sample for that variable (less missing data). Rows add up to 100%. The only exception to this layout is table 4, Age averages.

Questionnaires

The contents page identifies the Booklet question number (Q) each table is derived from. The questionnaire used in the survey is available to download at: www.sigmaresearch.org.uk/files/WDYN2007.pdf

Funding

The survey was funded by Terrence Higgins Trust and the Department of Health. Recruitment occurred in England, Wales, Scotland and Northern Ireland.



Sigma
RESEARCH

Table Contents

SAMPLE DESCRIPTION

1. Web and booklet sample sizes by NHS Health Board of residence.
2. Gender; Q1
3. Age groups; Q2 grouped into ten year age bands.
4. Age averages; from Q2; the median age (line them up by size and pick the one in the middle), the minimum (youngest) and maximum (oldest) ages, the mean age (add them up and divide by how many there are), and the standard deviation (a measure of how spread out along the range they are).
5. Sexual identity; Q14.
6. Ethnicity in 4 groups; from Q9.
7. Continent or birth; Q3.
8. Migrancy; from Q3.
9. Highest education level; from Q12.
10. Length of time since diagnosis; from Q21.
11. Injecting drug use ever; Q17.

Anti-HIV treatments

12. Problems with access to anti-HIV treatments (ARVs, HAART) in the previous 12 months; Q24.
13. Currently taking HIV treatments (all); Q26.
14. Problems with anti-HIV treatments in the last 12 months (including access); Q27 and Q24.

Immigration/Asylum

15. Problems with immigration or asylum in the previous 12 months; QA1.
16. Capacity to benefit from help or support from immigration or asylum services (all); QA1 + QA6.

Housing

17. Problems with housing in the previous 12 months; QB1.
18. Capacity to benefit from help or support related to housing problems (all); QB1 + QB6.

Eating

19. Problems with eating in the previous 12 months; QC1.
20. Capacity to benefit from help or support related to eating problems (all); QC1 + QC6.

Sleep

21. Problems with sleep in the previous 12 months; QD1.
22. Capacity to benefit from help or support related to sleep problems (all); QD1 + QD6.

Housework/Self-care

23. Problems with housework and self-care in the previous 12 months; QE1.
24. Capacity to benefit from help related to housework and self-care (all); QE1 + QE6.

Mobility

25. Problems with mobility in the previous 12 months; QF1.
26. Capacity to benefit from help related to mobility (all); QF1 + QF6.

Money

27. Problems with money in the previous 12 months; QG1.
28. Capacity to benefit from help related to money (all); QG1 + QG6.

Alcohol & drugs

29. Problems with drugs and alcohol in the previous 12 months; QO1.
30. Capacity to benefit from help related to problems with drugs and alcohol (all); QO1 + QO6.

What do you need? 2007-08

A UK-wide survey of people with diagnosed HIV
All Scotland by NHS Health Board of residence

Anxiety and Depression

- 31. Problems with anxiety and depression in the previous 12 months; QH1.
- 32. Capacity to benefit from help related to anxiety and depression (all); QG1 + QG6.

Self confidence and self-esteem

- 33. Problems with anxiety and depression in the previous 12 months; QP1.
- 34. Capacity to benefit from help related to anxiety and depression (all); QP1 + QP6.

Friendships

- 35. Problems with friendships in the previous 12 months; QM1.
- 36. Capacity to benefit from help related to problems with friendships (all); QM1 + QM6.

Relationship with Family

- 37. Problems with relationships with family in the previous 12 months; QL1.
- 38. Capacity to benefit from help related to problems with family relationships (all); QL1 + QL6.

Relationship with Partner

- 39. Problems with relationship with a partner in the previous 12 months; QK1.
- 40. Capacity to benefit from help related to problems with relationship with partner (all); QK1 + QK6.

Sex

- 41. Problems with sex in the previous 12 months; QN1.
- 42. Capacity to benefit from help related to problems with sex (all); QN1 + QN6.

Information

- 43. Problems with accessing information in the previous 12 months; QT1.
- 44. Desire to learn more about living well with HIV (all); QT1 + QT3.

Training and skills

- 45. Consideration of learning new skills or retraining in the previous 12 months; QQ1.
- 46. Capacity to benefit from help or support relating to training or skills development. (all); QQ1 + QQ3.

Work

- 47. Problems with work in the previous 12 months; QR1.
- 48. Capacity to benefit from help related to problems with work (all); QR1 + QR6.

Discrimination

- 49. Discrimination from family members in the previous 12 months; QS1.
- 50. Discrimination from members of your community in the previous 12 months; QS4.
- 51. Discrimination from doctors or other health or care professionals in the previous 12 months; QS7.
- 52. Any discrimination from family, community, doctors or health care professionals. QS1 + QS4 + QS7.

Sigma Research
77a Tradescant Road
London, SW8 1XJ
020-7820 8022
David.Reid@sigmaresearch.org.uk
www.sigmaresearch.org.uk

SAMPLE DESCRIPTION

1. Web and booklet sample sizes by NHS Health Boards of residence

Count

	booklet or web		Total
	Booklet	Web	
Ayrshire & Arran	1	3	4
Fife	1	0	1
Forth Valley	1	0	1
Grampian	1	3	4
Greater Glasgow & Clyde	4	8	12
Lanarkshire	0	1	1
Lothian	11	9	20
Tayside	4	1	5
Board Unknown	0	1	1
Total	23	26	49

2. Gender

% within Scotland - NHS Board area of residence

	Gender		Total
	Male	Female	
Lothian	68.4%	31.6%	100.0%
All other people	85.7%	14.3%	100.0%
Total	78.7%	21.3%	100.0%

3. Age groups

% within Scotland - NHS Board area of residence

	Age groups			
	20s	30s	40s	50s
Scotland - NHS Board area of residence				
Lothian	5.0%	10.0%	50.0%	30.0%
All other people	3.4%	41.4%	34.5%	17.2%
Total	4.1%	28.6%	40.8%	22.4%

3. Age groups

% within Scotland - NHS Board area of residence

	Age		Total
	60s		
Scotland - NHS Board area of residence			
Lothian	5.0%	100.0%	
All other people	3.4%	100.0%	
Total	4.1%	100.0%	

4. Age averages

Age

Scotland - NHS Board area of residence	Median	Minimum	Maximum	Mean	Std. Deviation
Lothian	45.00	28	60	46.25	8.006
All other people	42.00	28	60	42.52	8.348
Total	43.00	28	60	44.04	8.334

5. Sexual identity

% within Scotland - NHS Board area of residence

	Sexual identity			Total
	Heterosexual (straight)	Gay	Bisexual	
Lothian	30.0%	70.0%		100.0%
All other people	20.7%	72.4%	6.9%	100.0%
Total	24.5%	71.4%	4.1%	100.0%

6. Ethnicity in 4 groups

% within Scotland - NHS Board area of residence

	Ethnic group		Total
	Black	White	
Lothian		100.0%	100.0%
All other people	6.9%	93.1%	100.0%
Total	4.2%	95.8%	100.0%

7. Continent of birth

% within Scotland - NHS Board area of residence

	Continent of birth				Total
	UK	Europe	Africa	North America	
Lothian	80.0%	10.0%		10.0%	100.0%
All other people	89.7%	3.4%	6.9%		100.0%
Total	85.7%	6.1%	4.1%	4.1%	100.0%

8. Migrancy

% within Scotland - NHS Board area of residence

	Migrant x2		Total
	migrant	UK-born	
Lothian	20.0%	80.0%	100.0%
All other people	10.3%	89.7%	100.0%
Total	14.3%	85.7%	100.0%

9. Highest level of education

% within Scotland - NHS Board area of residence

	Demog - Highest level of education		Total
	Secondary / High School	University / College	
Lothian	20.0%	80.0%	100.0%
All other people	34.5%	65.5%	100.0%
Total	28.6%	71.4%	100.0%

10. Length of time since diagnosis

% within Scotland - NHS Board area of residence

	HIV Testing - When diagnosed		Total
	<1year	>1year	
Lothian		100.0%	100.0%
All other people	10.3%	89.7%	100.0%
Total	6.1%	93.9%	100.0%

11. Injecting drug use ever

% within Scotland - NHS Board area of residence

	Drug use - Injecting Drug use ever		Total
	no	yes	
Lothian	84.2%	15.8%	100.0%
All other people	89.3%	10.7%	100.0%
Total	87.2%	12.8%	100.0%

Needs

Anti-HIV treatments

12. Problems with access to anti-HIV treatments (ARVs, HAART)

% within Scotland - NHS Board area of residence

	Treatments - problems with access to HAART/ARVs in last 12 months			Total
	not needed any	no	yes	
Lothian	5.0%	85.0%	10.0%	100.0%
All other people	27.6%	72.4%		100.0%
Total	18.4%	77.6%	4.1%	100.0%

13. Currently taking HIV treatments

% within Scotland - NHS Board area of residence

	Treatments - Are you currently taking any anti-HIV treatments?		Total
	no	yes	
Lothian	10.0%	90.0%	100.0%
All other people	31.0%	69.0%	100.0%
Total	22.4%	77.6%	100.0%

14. Problems with anti-HIV treatments in the last 12 months (including access).

% within Scotland - NHS Board area of residence

	Treatments - Problems with your anti-HIV treatments in the last 12 months		Total
	No	Yes	
Lothian	65.0%	35.0%	100.0%
All other people	81.5%	18.5%	100.0%
Total	74.5%	25.5%	100.0%

Immigration/Asylum

15. Immigration/Asylum problems

% within Scotland - NHS Board area of residence

	Immigration problems in the past 12 months		Total
	no	yes	
Lothian	100.0%		100.0%
All other people	96.6%	3.4%	100.0%
Total	98.0%	2.0%	100.0%

16. Capacity to benefit from help or support from immigration or asylum services

% within Scotland - NHS Board area of residence

	Immigration or asylum services - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	100.0%		100.0%
All other people	96.6%	3.4%	100.0%
Total	98.0%	2.0%	100.0%

Housing

17. Housing problems

% within Scotland - NHS Board area of residence

	Housing problems in the last 12 months		Total
	No	Yes	
Lothian	84.2%	15.8%	100.0%
All other people	89.7%	10.3%	100.0%
Total	87.5%	12.5%	100.0%

18. Capacity to benefit from help or support related to housing problems

% within Scotland - NHS Board area of residence

	Housing - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	88.9%	11.1%	100.0%
All other people	89.7%	10.3%	100.0%
Total	89.4%	10.6%	100.0%

Eating

19. Eating problems

% within Scotland - NHS Board area of residence

	Eating problems in the last 12 months		Total
	No	Yes	
Lothian	70.0%	30.0%	100.0%
All other people	57.1%	42.9%	100.0%
Total	62.5%	37.5%	100.0%

20. Capacity to benefit from help or support relating to eating problems

% within Scotland - NHS Board area of residence

	Eating - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	75.0%	25.0%	100.0%
All other people	75.0%	25.0%	100.0%
Total	75.0%	25.0%	100.0%

Sleep

21. Sleep problems

% within Scotland - NHS Board area of residence

	Sleep problems in the past 12 months		Total
	No	Yes	
Lothian	20.0%	80.0%	100.0%
All other people	24.1%	75.9%	100.0%
Total	22.4%	77.6%	100.0%

22. Capacity to benefit from help or support relating to sleep problems

% within Scotland - NHS Board area of residence

	Sleep - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	50.0%	50.0%	100.0%
All other people	41.4%	58.6%	100.0%
Total	44.9%	55.1%	100.0%

Housework/selfcare

23. Housework/selfcare problems

% within Scotland - NHS Board area of residence

	Housework/selfcare problems in the past 12 months		Total
	No	Yes	
Lothian	55.0%	45.0%	100.0%
All other people	62.1%	37.9%	100.0%
Total	59.2%	40.8%	100.0%

24. Capacity to benefit from help or support relating to housework/selfcare problems

% within Scotland - NHS Board area of residence

	Housework/selfcare - problems - With more help or support, do you think you could reduce, or overcome these problems		Total
	no	yes/don't know	
Lothian	66.7%	33.3%	100.0%
All other people	75.9%	24.1%	100.0%
Total	72.3%	27.7%	100.0%

Mobility

25. Mobility problems

% within Scotland - NHS Board area of residence

	Mobility problems in the past 12 months		Total
	No	Yes	
Lothian	78.9%	21.1%	100.0%
All other people	72.4%	27.6%	100.0%
Total	75.0%	25.0%	100.0%

26. Capacity to benefit from help or support relating to mobility problems

% within Scotland - NHS Board area of residence

	Mobility - problems - With more help or support, do you think you could reduce, or overcome these problems		Total
	no	yes/don't know	
Lothian	88.9%	11.1%	100.0%
All other people	79.3%	20.7%	100.0%
Total	83.0%	17.0%	100.0%

Money

27. Money problems

% within Scotland - NHS Board area of residence

	Money problems - In the past 12 months getting enough money to live on		Total
	No	Yes	
Lothian	84.2%	15.8%	100.0%
All other people	79.3%	20.7%	100.0%
Total	81.3%	18.8%	100.0%

28. Capacity to benefit from help or support relating to money problems

% within Scotland - NHS Board area of residence

	Money - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	89.5%	10.5%	100.0%
All other people	82.8%	17.2%	100.0%
Total	85.4%	14.6%	100.0%

Drugs and Alcohol

29. Drugs and alcohol problems

% within Scotland - NHS Board area of residence

	Drugs or Alcohol problems in the last 12 months		Total
	No	Yes	
Lothian	65.0%	35.0%	100.0%
All other people	81.5%	18.5%	100.0%
Total	74.5%	25.5%	100.0%

30. Capacity to benefit from help or support relating to drug and alcohol problems

% within Scotland - NHS Board area of residence

	Drugs or Alcohol - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	70.0%	30.0%	100.0%
All other people	92.6%	7.4%	100.0%
Total	83.0%	17.0%	100.0%

Anxiety and Depression

31. Anxiety and Depression problems

% within Scotland - NHS Board area of residence

	Anxiety and depression problems in the last 12 months		Total
	No	Yes	
Lothian	20.0%	80.0%	100.0%
All other people	27.6%	72.4%	100.0%
Total	24.5%	75.5%	100.0%

32. Capacity to benefit from help or support relating to Anxiety and depression problems

% within Scotland - NHS Board area of residence

	Anxiety and depression - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	36.8%	63.2%	100.0%
All other people	37.9%	62.1%	100.0%
Total	37.5%	62.5%	100.0%

Self confidence and self-esteem

33. Self confidence and self-esteem problems

% within Scotland - NHS Board area of residence

	Self-esteem problems in the past 12 months		Total
	No	Yes	
Lothian	30.0%	70.0%	100.0%
All other people	32.1%	67.9%	100.0%
Total	31.3%	68.8%	100.0%

34. Capacity to benefit from help or support relating to self confidence and self-esteem problems

% within Scotland - NHS Board area of residence

	Self-esteem - problems- With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	47.1%	52.9%	100.0%
All other people	46.4%	53.6%	100.0%
Total	46.7%	53.3%	100.0%

Friendships

35. Friendship problems

% within Scotland - NHS Board area of residence

	Friendship problems in past 12 months		Total
	No	Yes	
Lothian	60.0%	40.0%	100.0%
All other people	58.6%	41.4%	100.0%
Total	59.2%	40.8%	100.0%

36. Capacity to benefit from help or support relating to friendship problems

% within Scotland - NHS Board area of residence

	Friendships - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	73.7%	26.3%	100.0%
All other people	79.3%	20.7%	100.0%
Total	77.1%	22.9%	100.0%

Relationships with family

37. Family problems

% within Scotland - NHS Board area of residence

	Relationship family - problems - In the past 12 months		Total
	No	Yes	
Lothian	65.0%	35.0%	100.0%
All other people	65.5%	34.5%	100.0%
Total	65.3%	34.7%	100.0%

38. Capacity to benefit from help or support relating to family problems

% within Scotland - NHS Board area of residence

	Relationship family - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	75.0%	25.0%	100.0%
All other people	86.2%	13.8%	100.0%
Total	81.6%	18.4%	100.0%

Relationship with partner

39. Partner problems

% within Scotland - NHS Board area of residence

	Relationship partner - problems in the past 12 months		Total
	No	Yes	
Lothian	85.0%	15.0%	100.0%
All other people	74.1%	25.9%	100.0%
Total	78.7%	21.3%	100.0%

40. Capacity to benefit from help or support relating partner problems

% within Scotland - NHS Board area of residence

	Relationship partner - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	90.0%	10.0%	100.0%
All other people	82.8%	17.2%	100.0%
Total	85.7%	14.3%	100.0%

Sex

41. Sex problems

% within Scotland - NHS Board area of residence

	Sexual problems in the last 12 months		Total
	No	Yes	
Lothian	25.0%	75.0%	100.0%
All other people	25.0%	75.0%	100.0%
Total	25.0%	75.0%	100.0%

42. Capacity to benefit from help or support relating to sex problems

% within Scotland - NHS Board area of residence

	Sex - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Scotland - NHS Board area of residence	47.4%	52.6%	100.0%
Lothian	53.6%	46.4%	100.0%
All other people	51.1%	48.9%	100.0%
Total	51.1%	48.9%	100.0%

Information

43. Problems accessing information

% within Scotland - NHS Board area of residence

	Getting Information problems in the last 12 months		Total
	No	Yes	
Lothian	89.5%	10.5%	100.0%
All other people	89.3%	10.7%	100.0%
Total	89.4%	10.6%	100.0%

44. Desire to learn more about living well with HIV

% within Scotland - NHS Board area of residence

	Getting Information - Would you like to know more about living well with HIV?		Total
	No	Yes	
Lothian	45.0%	55.0%	100.0%
All other people	40.7%	59.3%	100.0%
Total	42.6%	57.4%	100.0%

Training and skills

45. Consideration of re-training or gaining new skills

% within Scotland - NHS Board area of residence

	Training and skills - considered learning new skills or retraining in the last 12 months		Total
	No	Yes	
Lothian	35.0%	65.0%	100.0%
All other people	50.0%	50.0%	100.0%
Total	43.8%	56.3%	100.0%

46. Capacity to benefit from help or support relating to re-training or skills development

% within Scotland - NHS Board area of residence

	Training and skills - With more help or support, do you think you could further improve your skills?		Total
	no	yes/don't know	
Lothian	47.4%	52.6%	100.0%
All other people	57.1%	42.9%	100.0%
Total	53.2%	46.8%	100.0%

Work

47. Work problems

% within Scotland - NHS Board area of residence

	Work problems in the last 12 months		Total
	No	Yes	
Lothian	75.0%	25.0%	100.0%
All other people	85.2%	14.8%	100.0%
Total	80.9%	19.1%	100.0%

48. Capacity to benefit from help or support relating to problems with work

% within Scotland - NHS Board area of residence

	Work - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Lothian	80.0%	20.0%	100.0%
All other people	85.2%	14.8%	100.0%
Total	83.0%	17.0%	100.0%

Discrimination

49. Discrimination from family members

% within Scotland - NHS Board area of residence

	Discrimination from FAMILY MEMBERS in the last 12 months		Total
	No	Yes	
Lothian	85.0%	15.0%	100.0%
All other people	86.2%	13.8%	100.0%
Total	85.7%	14.3%	100.0%

50. Discrimination from community members

% within Scotland - NHS Board area of residence

	Discrimination from MEMBERS OF YOUR COMMUNITY in the last 12 months		Total
	No	Yes	
Lothian	60.0%	40.0%	100.0%
All other people	75.9%	24.1%	100.0%
Total	69.4%	30.6%	100.0%

51. Discrimination from doctors or health care professionals

% within Scotland - NHS Board area of residence

	Discrimination from DOCTORS OR OTHER HEALTH OR CARE PROFESSIONALS in the last 12 months		Total
	No	Yes	
Lothian	85.0%	15.0%	100.0%
All other people	85.7%	14.3%	100.0%
Total	85.4%	14.6%	100.0%

52. Any discrimination from family, community or doctors or health care professionals

% within Scotland - NHS Board area of residence

	Discrimination - Any discrimination conglomerate variable.		Total
	No	Yes	
Lothian	50.0%	50.0%	100.0%
All other people	62.1%	37.9%	100.0%
Total	57.1%	42.9%	100.0%

<<end>>