

**Working towards the best sex with the least harm:
recent developments in HIV prevention with gay
men in England**

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THE
EDDYSTONE
TRUST



CHAPS

COMMUNITY HIV AND AIDS PREVENTION STRATEGY



Making It Count

- A collaborative planning framework
 - Common goals, aims and objectives
 - Statement of common values, knowledge and approaches
- An integrated theory of HIV prevention
 - Number and distribution of new MSM HIV infections
 - Behaviours causing those infections
 - Needs influencing those behaviours
 - Actions that can reduce those needs
- The perimeter of acceptable CHAPS interventions
- A research agenda
 - Casual relationships between infection and behaviours
 - Causal relationships between behaviours and needs
 - Causal relationships between needs and interventions
 - The levels and distribution of behaviours and needs

Strategic goal

- Reduce the incidence of HIV infection during sex between men

Behaviours of concern

- HIV sero-discordant unprotected anal intercourse
 - **HIV and STI discordant sex**
 - **New partner acquisition**
 - **Open relationships**
 - **Status disclosure and negotiation**
 - **Anal intercourse**
 - **Condom use**
- Actions that increase condom failure
- Swifter testing & treating other STIs
- **Swifter testing for HIV**
- **Ejaculation into the body**
- **Post exposure prophylaxis**
- **Poppers**

Strategic Research Goal

We will stimulate and/or carry out research that increases our understanding of the relative and especially attributable risks associated with each of the factors contributing to HIV incidence among MSM in England.

Prevention Needs

- **Motivation (the will)**
 - Attitudes
 - Awareness of potential consequences
 - **Value of potential consequences**
 - Perception of likelihood of potential consequences
 - **Social Norms**
 - **Presence of significant others**
 - **Perception of views or significant others**
- **Power (the ability)**
 - Opportunities and resources
 - Skills

Strategic Objective 1

We will investigate which consequences of remaining HIV negative, acquiring HIV, keeping HIV to ourselves or passing HIV on, are of value to gay and bisexual men, and we will act to increase their awareness of these consequences of value and their probability of occurring; as well as acting to make those consequences actually more likely.

Strategic Objective 2

We will investigate whose opinions gay and bisexual men care about and act to encourage those people to express positive attitudes towards remaining uninfected and keeping HIV to ourselves.

Strategic Objective 3

We will investigate and respond to those unmet needs for knowledge, opportunities, skills and resources which enable us to remain HIV uninfected and/or to keep HIV to ourselves.

Desired behavioural outcomes?

- No new sex partners?
- Universal monogamous relationships?
- Universal HIV status disclosure?
- No anal intercourse?
- Universal anal intercourse with condoms?
- Daily testing for STIs?
- Daily testing for HIV?
- Ejaculation outside the body?
- Universal post exposure prophylaxis?
- No poppers?

Shared goal

- Reduce the incidence of HIV infection during sex between men

Strategic goal

- ~~• Reduce the incidence of HIV infection during sex between men~~
- **For men to make the choices which give rise to the best sex with the least harm for others and for themselves.**