

# **What do you need? 2007-08**

## **A UK-wide survey of people with diagnosed HIV**

**Area Sub-samples data report** (March 2009)

### **South West Strategic Health Authority (n=78)**

This report uses data from the UK *What Do You Need? Survey 2007-08*, conducted by Sigma Research in collaboration with 110 charitable AIDS Service organisations and HIV out-patient clinics, care agencies and health promoters throughout the UK. It supplements the main survey report which is available at [www.sigmaresearch.org.uk/go.php/reports/report2009b/](http://www.sigmaresearch.org.uk/go.php/reports/report2009b/). Survey methods and interpretation of the variables are outlined in that report.

This data is intended to provide HIV service planners with information about their local population of people with diagnosed HIV. This report contains data from people who live in the South West SHA and for whom Primary Care Trust (PCT) area of residence is known. Respondents are grouped according to the PCT area in which they live.

There are whole country reports for England, Wales and Scotland. There are also individual data reports for each Strategic Health Authority (SHA) in England which had 20 or more responses from one or more of their PCTs, with people grouped according to their PCT of residence. All these reports are available at: [www.sigmaresearch.org.uk/go.php/local/hiv/wdy08](http://www.sigmaresearch.org.uk/go.php/local/hiv/wdy08)

#### ***The data***

The survey used two data collection methods over seven months from 5<sup>th</sup> June 2007 until 5<sup>th</sup> January 2008: a self-sealing, Freepost addressed booklet distributed by clinics and AIDS service organisations; and via a specific website promoted via links on AIDS service organisation websites. The web version was made available in both English and French.

This report contains data from all the people recruited through both methods. To be included in the sample respondents had to: be aged 16 or over; be living in the UK; have diagnosed HIV infection. Differences between the number of surveys returned and the number of people who appear in the sample are due to these exclusions.

#### ***The tables***

Groups of people living in the same PCT appear as a row (horizontal line) in the tables. The bottom row of each table gives the result for all people living in the SHA. PCT areas with fewer than 20 people in the sample are reported as "all other people". Some adjoining PCT areas are amalgamated where respondents cannot be allocated to an individual PCT area. The tables show the proportions (%) of each sub-sample for that variable (less missing data). Rows add up to 100%. The only exception to this layout is table 4, Age averages.

#### ***Questionnaires***

The contents page identifies the Booklet question number (Q) each table is derived from. The questionnaire used in the survey is available to download at: [www.sigmaresearch.org.uk/files/WDYN2007.pdf](http://www.sigmaresearch.org.uk/files/WDYN2007.pdf)

#### ***Funding***

The survey was funded by Terrence Higgins Trust and the Department of Health. Recruitment occurred in England, Wales, Scotland and Northern Ireland.

***Sigma***  
RESEARCH

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## SAMPLE DESCRIPTION

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### 1a. Primary Care Trust (PCT) area of residence.

	Frequency	Percent
Bristol	20	25.6
Bournemouth and Poole Teaching	17	21.8
Gloucestershire	10	12.8
Devon	7	9.0
Somerset	6	7.7
North Somerset	4	5.1
Wiltshire	3	3.8
Bath and North East Somerset	2	2.6
Swindon	2	2.6
Cornwall and Isles of Scilly	2	2.6
Plymouth Teaching	2	2.6
Dorset	2	2.6
South Gloucestershire	1	1.3
Total	78	100.0

### 1b. Web and booklet sample sizes by PCT area of residence.

Count

	booklet or web		Total
	Booklet	Web	
Bristol	8	12	20
All other South West people	27	31	58
Total	35	43	78

## 2. Gender

% within PCT of residence

	Gender		Total
	Male	Female	
Bristol	80.0%	20.0%	100.0%
All other South West people	76.9%	23.1%	100.0%
Total	77.8%	22.2%	100.0%

## 3. Age groups

% within PCT of residence

	Age groups					Total
	20s	30s	40s	50s	60s	
Bristol	15.0%	35.0%	25.0%	25.0%		100.0%
All other South West people	8.6%	24.1%	27.6%	22.4%	17.2%	100.0%
Total	10.3%	26.9%	26.9%	23.1%	12.8%	100.0%

#### 4. Age averages

Age

PCT of residence	Median	Minimum	Maximum	Mean	Std. Deviation
Bristol	40.50	22	58	41.10	11.239
All other South West people	45.50	21	68	45.90	12.316
Total	43.50	21	68	44.67	12.161

#### 5. Sexual identity

% within PCT of residence

	Sexual identity			Total
	Heterosexual (straight)	Gay	Bisexual	
Bristol	47.4%	52.6%		100.0%
All other South West people	31.0%	63.8%	5.2%	100.0%
Total	35.1%	61.0%	3.9%	100.0%

#### 6. Ethnicity in 4 groups

% within PCT of residence

	Ethnic group				Total
	Asian	Black	White	Mixed and Other	
Bristol	5.0%	10.0%	80.0%	5.0%	100.0%
All other South West people		3.4%	93.1%	3.4%	100.0%
Total	1.3%	5.1%	89.7%	3.8%	100.0%

#### 7. Continent of birth

% within PCT of residence

	Continent of birth				Total
	UK	Europe	Africa	Asia	
Bristol	80.0%		15.0%	5.0%	100.0%
All other South West people	79.3%	10.3%	10.3%		100.0%
Total	79.5%	7.7%	11.5%	1.3%	100.0%

#### 8. Migrancy

% within PCT of residence

	Migrant x2		Total
	migrant	UK-born	
Bristol	20.0%	80.0%	100.0%
All other South West people	20.7%	79.3%	100.0%
Total	20.5%	79.5%	100.0%

## 9. Highest level of education

% within PCT of residence

	Demog - Highest level of education			Total
	None	Secondary / High School	University / College	
Bristol	5.0%	25.0%	70.0%	100.0%
All other South West people		28.1%	71.9%	100.0%
Total	1.3%	27.3%	71.4%	100.0%

## 10. Length of time since diagnosis

% within PCT of residence

	HIV Testing - When diagnosed		Total
	<1year	>1year	
Bristol	20.0%	80.0%	100.0%
All other South West people	3.4%	96.6%	100.0%
Total	7.7%	92.3%	100.0%

## 11. Injecting drug use ever

% within PCT of residence

	Drug use - Injecting Drug use ever		Total
	no	yes	
Bristol	100.0%		100.0%
All other South West people	93.1%	6.9%	100.0%
Total	94.8%	5.2%	100.0%

## Needs

### Anti-HIV treatments

#### 12. Problems with access to anti-HIV treatments (ARVs, HAART)

% within PCT of residence

	Treatments - problems with access to HAART/ARVs in last 12 months			Total
	not needed any	no	yes	
Bristol	45.0%	55.0%		100.0%
All other South West people	22.4%	75.9%	1.7%	100.0%
Total	28.2%	70.5%	1.3%	100.0%

#### 13. Currently taking HIV treatments

% within PCT of residence

	Treatments - Are you currently taking any anti-HIV treatments?		Total
	no	yes	
Bristol	47.4%	52.6%	100.0%
All other South West people	28.1%	71.9%	100.0%
Total	32.9%	67.1%	100.0%

#### 14. Problems with anti-HIV treatments in the last 12 months (including access).

% within PCT of residence

	Treatments - Problems with your anti-HIV treatments in the last 12 months		Total
	No	Yes	
Bristol	72.2%	27.8%	100.0%
All other South West people	75.4%	24.6%	100.0%
Total	74.7%	25.3%	100.0%

# Immigration/Asylum

## 15. Immigration/Asylum problems

% within PCT of residence

	Immigration problems in the past 12 months		Total
	no	yes	
Bristol	100.0%		100.0%
All other South West people	96.5%	3.5%	100.0%
Total	97.4%	2.6%	100.0%

## 16. Capacity to benefit from help or support from immigration or asylum services

% within PCT of residence

	Immigration or asylum services - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	100.0%		100.0%
All other South West people	98.2%	1.8%	100.0%
Total	98.7%	1.3%	100.0%



# Housing

## 17. Housing problems

% within PCT of residence

	Housing problems in the last 12 months		Total
	No	Yes	
Bristol	70.0%	30.0%	100.0%
All other South West people	94.7%	5.3%	100.0%
Total	88.3%	11.7%	100.0%

## 18. Capacity to benefit from help or support related to housing problems

% within PCT of residence

	Housing - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	70.0%	30.0%	100.0%
All other South West people	94.7%	5.3%	100.0%
Total	88.3%	11.7%	100.0%

# Eating

## 19. Eating problems

% within PCT of residence

	Eating problems in the last 12 months		Total
	No	Yes	
Bristol	65.0%	35.0%	100.0%
All other South West people	69.0%	31.0%	100.0%
Total	67.9%	32.1%	100.0%

## 20. Capacity to benefit from help or support relating to eating problems

% within PCT of residence

	Eating - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	70.0%	30.0%	100.0%
All other South West people	77.6%	22.4%	100.0%
Total	75.6%	24.4%	100.0%

# Sleep

## 21. Sleep problems

% within PCT of residence

	Sleep problems in the past 12 months		Total
	No	Yes	
Bristol	30.0%	70.0%	100.0%
All other South West people	36.2%	63.8%	100.0%
Total	34.6%	65.4%	100.0%

## 22. Capacity to benefit from help or support relating to sleep problems

% within PCT of residence

	Sleep - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	36.8%	63.2%	100.0%
All other South West people	53.4%	46.6%	100.0%
Total	49.4%	50.6%	100.0%

## Housework/selfcare

### 23. Housework/selfcare problems

% within PCT of residence

	Housework/selfcare problems in the past 12 months		Total
	No	Yes	
Bristol	70.0%	30.0%	100.0%
All other South West people	68.4%	31.6%	100.0%
Total	68.8%	31.2%	100.0%

### 24. Capacity to benefit from help or support relating to housework/selfcare problems

% within PCT of residence

	Housework/selfcare - problems - With more help or support, do you think you could reduce, or overcome these problems		Total
	no	yes/don't know	
Bristol	70.0%	30.0%	100.0%
All other South West people	80.4%	19.6%	100.0%
Total	77.6%	22.4%	100.0%

# Mobility

## 25. Mobility problems

% within PCT of residence

	Mobility problems in the past 12 months		Total
	No	Yes	
Bristol	75.0%	25.0%	100.0%
All other South West people	79.3%	20.7%	100.0%
Total	78.2%	21.8%	100.0%

## 26. Capacity to benefit from help or support relating to mobility problems

% within PCT of residence

	Mobility - problems - With more help or support, do you think you could reduce, or overcome these problems		Total
	no	yes/don't know	
Bristol	84.2%	15.8%	100.0%
All other South West people	86.2%	13.8%	100.0%
Total	85.7%	14.3%	100.0%

# Money

## 27. Money problems

% within PCT of residence

	Money problems - In the past 12 months getting enough money to live on		Total
	No	Yes	
Bristol	50.0%	50.0%	100.0%
All other South West people	91.1%	8.9%	100.0%
Total	80.3%	19.7%	100.0%

## 28. Capacity to benefit from help or support relating to money problems

% within PCT of residence

	Money - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	52.6%	47.4%	100.0%
All other South West people	91.1%	8.9%	100.0%
Total	81.3%	18.7%	100.0%

## Drugs and Alcohol

### 29. Drugs and alcohol problems

% within PCT of residence

	Drugs or Alcohol problems in the last 12 months		Total
	No	Yes	
Bristol	68.4%	31.6%	100.0%
All other South West people	72.2%	27.8%	100.0%
Total	71.2%	28.8%	100.0%

### 30. Capacity to benefit from help or support relating to drug and alcohol problems

% within PCT of residence

	Drugs or Alcohol - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	73.7%	26.3%	100.0%
All other South West people	83.3%	16.7%	100.0%
Total	80.8%	19.2%	100.0%

## Anxiety and Depression

### 31. Anxiety and Depression problems

% within PCT of residence

	Anxiety and depression problems in the last 12 months		Total
	No	Yes	
Bristol	30.0%	70.0%	100.0%
All other South West people	37.9%	62.1%	100.0%
Total	35.9%	64.1%	100.0%

### 32. Capacity to benefit from help or support relating to Anxiety and depression problems

% within PCT of residence

	Anxiety and depression - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	44.4%	55.6%	100.0%
All other South West people	49.1%	50.9%	100.0%
Total	48.0%	52.0%	100.0%



## Self confidence and self-esteem

### 33. Self confidence and self-esteem problems

% within PCT of residence

	Self-esteem problems in the past 12 months		Total
	No	Yes	
Bristol	21.1%	78.9%	100.0%
All other South West people	36.2%	63.8%	100.0%
Total	32.5%	67.5%	100.0%

### 34. Capacity to benefit from help or support relating to self confidence and self-esteem problems

% within PCT of residence

	Self-esteem - problems- With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	36.8%	63.2%	100.0%
All other South West people	55.4%	44.6%	100.0%
Total	50.7%	49.3%	100.0%

## Friendships

### 35. Friendship problems

% within PCT of residence

	Friendship problems in past 12 months		Total
	No	Yes	
Bristol	68.4%	31.6%	100.0%
All other South West people	69.0%	31.0%	100.0%
Total	68.8%	31.2%	100.0%

### 36. Capacity to benefit from help or support relating to friendship problems

% within PCT of residence

	Friendships - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	73.7%	26.3%	100.0%
All other South West people	72.4%	27.6%	100.0%
Total	72.7%	27.3%	100.0%

## Relationships with family

### 37. Family problems

% within PCT of residence

	Relationship family - problems - In the past 12 months (modified)		Total
	No	Yes	
Bristol	85.0%	15.0%	100.0%
All other South West people	86.2%	13.8%	100.0%
Total	85.9%	14.1%	100.0%

### 38. Capacity to benefit from help or support relating to family problems

% within PCT of residence

	Relationship family - With more help or support, do you think you could reduce, or overcome these problems? (all)		Total
	no	yes/don't know	
Bristol	85.0%	15.0%	100.0%
All other South West people	93.1%	6.9%	100.0%
Total	91.0%	9.0%	100.0%

## Relationship with partner

### 39. Partner problems

% within PCT of residence

	Relationship partner - problems in the past 12 months		Total
	No	Yes	
Bristol	73.7%	26.3%	100.0%
All other South West people	75.4%	24.6%	100.0%
Total	75.0%	25.0%	100.0%

### 40. Capacity to benefit from help or support relating partner problems

% within PCT of residence

	Relationship partner - problems - With more help or support, do you think you could reduce, or overcome these problems? (all)		Total
	no	yes/don't know	
Bristol	85.0%	15.0%	100.0%
All other South West people	79.3%	20.7%	100.0%
Total	80.8%	19.2%	100.0%

## Sex

### 41. Sex problems

% within PCT of residence

	Sexual problems in the last 12 months		Total
	No	Yes	
Bristol	20.0%	80.0%	100.0%
All other South West people	31.0%	69.0%	100.0%
Total	28.2%	71.8%	100.0%

### 42. Capacity to benefit from help or support relating to sex problems

% within PCT of residence

	Sex - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	55.6%	44.4%	100.0%
All other South West people	50.9%	49.1%	100.0%
Total	52.0%	48.0%	100.0%

## Information

### 43. Problems accessing information

% within PCT of residence

	Getting Information problems in the last 12 months		Total
	No	Yes	
Bristol	89.5%	10.5%	100.0%
All other South West people	93.1%	6.9%	100.0%
Total	92.2%	7.8%	100.0%

### 44. Desire to learn more about living well with HIV

% within PCT of residence

	Getting Information - Would you like to know more about living well with HIV?		Total
	No	Yes	
Bristol	15.8%	84.2%	100.0%
All other South West people	51.8%	48.2%	100.0%
Total	42.7%	57.3%	100.0%

## Training and skills

### 45. Consideration of re-training or gaining new skills

% within PCT of residence

	Training and skills - considered learning new skills or retraining in the last 12 months		Total
	No	Yes	
Bristol	60.0%	40.0%	100.0%
All other South West people	63.8%	36.2%	100.0%
Total	62.8%	37.2%	100.0%

### 46. Capacity to benefit from help or support relating to re-training or skills development

% within PCT of residence

	Training and skills - With more help or support, do you think you could further improve your skills?		Total
	no	yes/don't know	
Bristol	60.0%	40.0%	100.0%
All other South West people	69.0%	31.0%	100.0%
Total	66.7%	33.3%	100.0%

## Work

### 47. Work problems

% within PCT of residence

	Work problems in the last 12 months		Total
	No	Yes	
Bristol	84.2%	15.8%	100.0%
All other South West people	89.5%	10.5%	100.0%
Total	88.2%	11.8%	100.0%

### 48. Capacity to benefit from help or support relating to problems with work

% within PCT of residence

	Work - problems - With more help or support, do you think you could reduce, or overcome these problems?		Total
	no	yes/don't know	
Bristol	84.2%	15.8%	100.0%
All other South West people	93.0%	7.0%	100.0%
Total	90.8%	9.2%	100.0%



## Discrimination

### 49. Discrimination from family members

% within PCT of residence

	Discrimination from FAMILY MEMBERS in the last 12 months		Total
	No	Yes	
Bristol	90.0%	10.0%	100.0%
All other South West people	91.4%	8.6%	100.0%
Total	91.0%	9.0%	100.0%

### 50. Discrimination from community members

% within PCT of residence

	Discrimination from MEMBERS OF YOUR COMMUNITY in the last 12 months		Total
	No	Yes	
Bristol	80.0%	20.0%	100.0%
All other South West people	80.4%	19.6%	100.0%
Total	80.3%	19.7%	100.0%

### 51. Discrimination from doctors or health care professionals

% within PCT of residence

	Discrimination from DOCTORS OR OTHER HEALTH OR CARE PROFESSIONALS in the last 12 months		Total
	No	Yes	
Bristol	89.5%	10.5%	100.0%
All other South West people	73.2%	26.8%	100.0%
Total	77.3%	22.7%	100.0%

### 52. Any discrimination from family, community or doctors or health care professionals

% within PCT of residence

	Discrimination - Any discrimination conglomerate variable.		Total
	No	Yes	
Bristol	75.0%	25.0%	100.0%
All other South West people	65.5%	34.5%	100.0%
Total	67.9%	32.1%	100.0%

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