



VITAL STATISTICS

MEN'S SEX SURVEY 2008

Sigma Research has been carrying out community-based research for more than fifteen years. We are the UK's leading social research group specialising in the policy aspects of sexual health and HIV. Sigma Research is based in Vauxhall, South London and is part of the University of Portsmouth.

Vital Statistics 2008 was commissioned by Terrence Higgins Trust as part of its Department of Health funded CHAPS programme.

This booklet has been distributed by:



This survey is about sex between men. It is **anonymous** - please do not write your name on this booklet. The questions are **frank** and **explicit**. Please answer honestly.

VITAL STATISTICS is a UK-wide survey that happens each summer. Please fill in this survey only once this summer and return it by **17th October 2008**.

Your answers will be added to those of thousands of other men and the findings will be used to help plan safer sex campaigns and other HIV services.

It is possible to complete the survey online at:
www.vitalstatistics.org.uk

For more details about Sigma Research and the results from previous surveys go to:
www.sigmaresearch.org.uk

You can read our confidentiality policy at:
www.sigmaresearch.org.uk/secretcy

Thanks for your help.



ABOUT YOU...

1. Are you ...

a man

a woman → *This survey is for men only.*

*If you are a woman, please do **not** complete it.*

2. Are you a trans man?

No

Yes

3. Which country do you currently live in? (tick one)

England

Wales

Scotland

Northern Ireland

Elsewhere → *This survey is for men living in England, Wales, Scotland or Northern Ireland. If you are **not** currently living in one of these countries please do **not** complete it.*

4. Which local authority do you live in?

The local authority bills you for the council tax. If you don't know your local authority, write in the city / town you live in.

5. What is the first half of your postcode and the first digit of the second half? (eg. SA16 0, M1 7, SW9 1, DE1 3)

6. How old are you? years old

7. What is your ethnic group? (tick one)

Asian or Asian British Indian
 Pakistani
 Bangladeshi
 Any other Asian background
say what: _____

Black or Black British Caribbean
 African
 Any other Black background
say what: _____

Mixed White and Black Caribbean
 White and Black African
 White and Asian
 Any other mixed background
say what: _____

White British
 Irish
 Any other White background
say what: _____

Other ethnic groups Chinese
 Any other ethnic group
say what: _____

8. Which of the following educational qualifications do you have?

(tick as many as apply)

- I have no educational qualifications
- O-Levels / CSEs / GCSEs or equivalent
- A-Levels or equivalent
- Degree or higher
- Other → say what: _____

9. What term do you usually use to describe yourself sexually?

(tick one)

- Gay
- Bisexual
- I don't usually use a term
- Any other term → say what: _____

10. What proportion of close family, friends and workmates know that you are gay, bisexual and / or attracted to men?

(put one tick in each row)

	All or almost all	More than half	About half	Less than half	Few or none
Close Family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Workmates	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

RELATIONSHIPS ...

11. Do you currently have one (or more) regular male sexual partner(s)?

- No → Go to question 14
 Yes

12. How long have you been having sex with your regular sexual partner? (If you have more than one regular partner tell us about the longest relationship)

_____ years _____ months

13. Do you and your regular partner have the same HIV status?
(tick one)

- Yes, we have the same HIV status (either both positive or both negative).
 No, one of us is positive and the other is negative.
 Don't know whether we have the same status or not.

14. Who do you live with? (tick as many as apply)

- I live by myself
 Male partner
 Female partner
 Children
 Other family members → say who: _____
 Friends
 Other → say who: _____

CIVIL PARTNERSHIP AND MARRIAGE ...

Civil partnerships in the United Kingdom are granted under the *Civil Partnership Act 2004* and give same-sex couples rights and responsibilities identical to civil marriage. A civil partnership is a relationship between two people of the same sex, formed when they register as civil partners of each other, which ends only on death or dissolution (divorce).

15. Are you currently... (tick one)

- In a civil partnership with a man
- In a marriage with a woman
- In neither of these
- Other → say what: _____

16. Have you ever... (tick as many as apply)

- Had a civil partnership dissolved
- Been divorced from a woman
- Survived a civil partner who has died
- Survived a wife who has died
- None of the above

HIV and TESTING ...

17. Have you ever received an HIV test result? (tick one)

- Yes, I've tested positive
- Yes, my last test was negative → Go to question 19
- No, I've never received an HIV test result → Go to question 21

18. FOR MEN WHO HAVE TESTED HIV POSITIVE

When did you first test HIV positive? (tick one)

- In the last month
- In the last year
- In the last five years
- More than five years ago

19. FOR MEN WHOSE LAST TEST WAS HIV NEGATIVE

When was your most recent HIV test result? (tick one)

- In the last month
- In the last year
- In the last five years
- More than five years ago



20. FOR ALL MEN WHO HAVE EVER RECEIVED AN HIV TEST RESULT

Where did you go for your last HIV test? (tick one)

- GP surgery / local doctor
- GUM, STD or sexual health clinic
- At an HIV or gay organisation → **say where:** _____
- Private health care clinic
- I used a home testing kit that I sent to a lab for the result
- I used a complete home testing kit where I got the result immediately

- Elsewhere / other → **say where:** _____

21. FOR MEN WHO HAVE NOT TESTED HIV POSITIVE

If you wanted an HIV test in the future, where would you most like to get one? (tick one)

- At a GP surgery / local doctor
- At a GUM, STD or sexual health clinic
- At an HIV or gay organisation
- At a private health care clinic
- To use a home testing kit
- Other → **say where:** _____

22. FOR ALL MEN

What do you think your current HIV status is (whether or not you've ever tested)? (tick one)

- Definitely negative (I don't have HIV)
- Probably negative
- Not sure / I don't know
- Probably positive
- Definitely positive (I do have HIV)

SEX YOU'VE HAD IN THE LAST 12 MONTHS ...

23. In the last 12 months, have you had sex with ... ? (tick one)

- No one → Go to question 43
- Women only → Go to question 43
- Men only
- Both men and women

24. In the last 12 months how many MEN have you had sex with in total? (tick one)

- one
- 2, 3 or 4
- between 5 and 12
- between 13 and 29
- 30 or more

25. In the last 12 months how many men have you had ANAL INTERCOURSE with in total? (tick one)

- none
- one
- two
- three or four
- five or more

26. In the last 12 months how many men have you had anal intercourse WITHOUT A CONDOM with in total? (tick one)

- none
- one
- two
- three or four
- five or more



COCK SUCKING ...

27. Still thinking about the last 12 months, have you sucked a man's cock?

- No → Go to question 30
 Yes

28. In the last 12 months, has a man ejaculated (cum, spunked) in your mouth?

- No → Go to question 30
 Yes → **How many men have ejaculated (cum, spunked) in your mouth?**
- One
 - 2, 3 or 4
 - 5 or more

29. In the last 12 months, has a man ejaculated (cum, spunked) in your mouth who... (tick as many as apply)

- you knew at the time was HIV POSITIVE?
 you knew at the time was HIV NEGATIVE?
 whose HIV status you DID NOT KNOW at the time?

GETTING SUCKED ...

30. Still thinking about the last 12 months, have you had your cock sucked by a man?

- No → Go to question 33
- Yes

31. In the last 12 months, have you ejaculated (cum, spunked) in a man's mouth?

- No → Go to question 33
- Yes → **How many men's mouths have you ejaculated (cum, spunked) in?**
 - One
 - 2, 3 or 4
 - 5 or more

32. In the last 12 months, have you ejaculated (cum, spunked) in the mouth of a man who ... (tick as many as apply)

- you knew at the time was HIV POSITIVE?
- you knew at the time was HIV NEGATIVE?
- whose HIV status you DID NOT KNOW at the time?



DOING THE FUCKING AND WEARING CONDOMS ...

33. Still thinking about the last 12 months, have you fucked a man (been active in anal intercourse)?

- No → Go to question 39
 Yes

34. Have you fucked a man (been active) WITHOUT a condom in the last 12 months?

- No → Go to question 36
 Yes

35. In the last 12 months, have you fucked (been active) without a condom a man who ... (tick as many as apply)

- you knew at the time was HIV POSITIVE?
 you knew at the time was HIV NEGATIVE?
 whose HIV status you DID NOT KNOW at the time?

36. Have you fucked a man (been active) WITH a condom in the last 12 months?

- No → Go to question 39
 Yes

37. All of the following contribute to condoms tearing or slipping. Which have you done in the last 12 months?

(tick as many as apply)

- Unrolling the condom before putting it on your cock
- Not using any lubricant
- Using saliva as a lubricant
- Putting lubricant inside the condom before putting it on
- Not using lots of water-based lubricant on the outside of the condom
- Using a condom that's too short for your cock
- Fucking for over half an hour without changing the condom
- Using an oil based lubricant with latex (rubber) condoms
- None of the above

38. In the last 12 months, have any of the condoms YOU'VE worn SPLIT or COME OFF while you were fucking a man?

- No
- Yes



GETTING FUCKED ...

39. Still thinking about the last 12 months, have you been fucked by a man (been passive in anal intercourse)?

- No → Go to question 42 Yes

40. Have you been fucked (been passive) WITHOUT a condom in the last 12 months?

- No → Go to question 42 Yes

41. In the last 12 months, have you been fucked (been passive) without a condom by a man who... (tick as many as apply)

- you knew at the time was HIV POSITIVE?
 you knew at the time was HIV NEGATIVE?
 whose HIV status you DID NOT KNOW at the time?

42. How likely do you think it is that, in the NEXT 12 months, you'll either pick up or pass on HIV? (tick one)

- Very likely
 Quite likely
 Not sure
 Quite unlikely
 Very unlikely

43. FOR MEN WHO HAVE NOT TESTED HIV POSITIVE - IF YOU HAVE TESTED POSITIVE GO TO QUESTION 44

If a man you were going to have sex with told you he was HIV positive, would you...? (tick one)

- Not want to have sex with him
 Still want to have sex with him but be extra careful
 Have the kind of sex you would have had anyway
 Other → say what: _____

POPPERS AND HIV RISK ...

44. In the last year, have you used poppers (nitrite inhalers)?

- No → Go to question 48
 Yes

45. In the last year, have you used poppers **DURING PASSIVE ANAL INTERCOURSE** (when getting fucked)?

- No → Go to question 48
 Yes

46. In the last year, have you used poppers during passive anal intercourse **WITHOUT A CONDOM?**

- No → Go to question 48
 Yes

47. In the last year, have you used poppers during passive anal intercourse without a condom, with a man whose **HIV STATUS YOU DID NOT KNOW OR WAS DIFFERENT TO YOUR OWN?**

- No
 Yes

48. The following statement is True. Did you know this already?

If an HIV negative man is getting fucked without a condom by a man with HIV, sniffing poppers at the same time makes it more likely he will pick up HIV.

- I knew this already I wasn't sure about this
 I didn't know this already I don't understand this

You can get information on poppers and HIV risk by visiting www.biology.chapsonline.org.uk/poppers.aspx



ANABOLIC STEROIDS ...

49. Have you **EVER** taken anabolic (“muscle-building”) steroids?

(tick one)

Please note: Anabolic steroids are not the same as corticosteroids that are commonly used to treat asthma and some skin conditions such as eczema.

- Yes, I've taken them in the last month
- Yes, I've taken them in the last 12 months
- Yes, I've taken them but NOT in the last 12 months
- No, I have never taken anabolic steroids → Go to question 52

50. In what ways have you ever taken anabolic steroids?

(tick as many as apply)

- By tablet (oral)
- By injecting
- By patches
- Other → say how: _____

51. Where did you get the last anabolic steroids you used from?

(tick one)

- Prescribed by a doctor
- Through a friend / another user
- Dealer that I met personally
- On the internet
- Whilst abroad → which country: _____
- Other → say where: _____

52. All of the following statements are TRUE. Did you know this already? (tick one box for each statement)

- ***When injecting anabolic steroids it is possible to pick up HIV, hepatitis B and hepatitis C from injecting equipment previously used by someone else.***
 I knew this already I wasn't sure about this
 I didn't know this already I don't understand this
- ***The use of anabolic steroids has been linked to heart disease.***
 I knew this already I wasn't sure about this
 I didn't know this already I don't understand this
- ***Taking stimulants (like cocaine) while on an anabolic steroids cycle increases your risk of a heart attack.***
 I knew this already I wasn't sure about this
 I didn't know this already I don't understand this
- ***The production of most (non-prescribed) anabolic steroids is not controlled and they can be much stronger or weaker than stated on the label.***
 I knew this already I wasn't sure about this
 I didn't know this already I don't understand this

You can get information on steroids by visiting
www.steroid-encyclopaedia.com



PUBLICATIONS AND INTERNET SITES ...

53. Which of the following magazines have you heard of, and which have you seen in the last month as a magazine or on the internet?... (tick all that apply)

	EVER heard of	Seen magazine in last month	Seen online in last month
Attitude	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
AXM	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
BCN (Bi Community News)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Beige	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boyz	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
eXposed!	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F*@K	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F:S	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fitlads	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fyne Times	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
GT (Gay Times)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
GCN (Gay Community News)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
G:Scene	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HOT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hotvillage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LB Plus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	EVER heard of	Seen magazine in last month	Seen online in last month
Midlands Zone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
MOC (Men of colour)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
one80news	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Out in the City	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outnorthwest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PinkNews	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pink Paper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
puffta	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
+ve (plusve)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Positive Nation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
QS (Scottish gay lifestyle)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
QX magazine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
QXMEN	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
reFRESH	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Scotsgay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SHOUT!	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3SIXTY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



54. Please say if you have a membership or profile on any of the following internet social networking sites and indicate which sites you have used in the LAST MONTH. (tick all that apply)

	I have a Profile / membership	I have used it in the last month
adam4adam.com	<input type="checkbox"/>	<input type="checkbox"/>
bebo.com	<input type="checkbox"/>	<input type="checkbox"/>
bigmuscle.com	<input type="checkbox"/>	<input type="checkbox"/>
eurowoof.com	<input type="checkbox"/>	<input type="checkbox"/>
facebook.com	<input type="checkbox"/>	<input type="checkbox"/>
gaydar.co.uk	<input type="checkbox"/>	<input type="checkbox"/>
gay.com	<input type="checkbox"/>	<input type="checkbox"/>
gayromeo.com	<input type="checkbox"/>	<input type="checkbox"/>
jaketm.com	<input type="checkbox"/>	<input type="checkbox"/>
manhunt.net	<input type="checkbox"/>	<input type="checkbox"/>
myspace.com	<input type="checkbox"/>	<input type="checkbox"/>
mother-ship.com	<input type="checkbox"/>	<input type="checkbox"/>
recon.com	<input type="checkbox"/>	<input type="checkbox"/>
Other → say which:	<input type="checkbox"/>	<input type="checkbox"/>

I do not have membership or a profile on any internet social networking sites.

55. Have you filled in this survey already this summer?

- No
 Yes

*Many thanks for taking part. Your answers are completely anonymous.
Please remember to seal and post this booklet.*

Do you have any comments or suggestions about this survey?

The results of this survey will be available next summer at www.sigmaresearch.org.uk where you can also find the results from previous surveys.