

A close-up, high-angle photograph of a man's face, focusing on his eyes and nose. The lighting is soft and warm, creating a moody atmosphere. The man's eyes are looking slightly downwards and to the left. The skin texture is visible, and the overall color palette is dominated by warm, earthy tones.

**VITAL
STATISTICS**
MEN'S SEX SURVEY 2005

Sigma Research has been carrying out community-based sex research for more than ten years. We are the UK's leading social research group specialising in the policy aspects of sexual health and HIV. Sigma Research is based in Vauxhall, South London and is affiliated to the University of Portsmouth.

VITAL STATISTICS 2005 is commissioned by The Terrence Higgins Trust as part of its Department of Health funded CHAPS Programme.

This booklet has been distributed by:



This survey is about sex between men. It is **anonymous** – please do not write your name on this booklet. The questions are **frank** and **explicit**. Please answer honestly.

VITAL STATISTICS is a UK-wide survey happening throughout the summer of 2005. It is being distributed in this booklet form by health educators and gay organisations.

It is also possible to complete the survey online at www.sigmasurvey.org.uk.

Please fill in this survey once only this summer and return it by the end of September 2005.

Thanks for your help.



ABOUT YOU

1 Which country do you currently live in? (tick one)

- England
- Wales
- Scotland
- Northern Ireland
- Elsewhere → This research is for men living in England, Wales, Scotland or Northern Ireland. If you are **not** currently living in one of these countries please do **not** complete this survey.

2 Which Local Authority do you live in?

The local authority bills you for council tax. If you don't know your local authority, write in your **home postcode** or the city / town you live in.

3 In the last 12 months have you had sex with...? (tick one)

- No one
- Women only
- Both men and women → NOW GO TO QUESTION 5
- Men only → NOW GO TO QUESTION 5

4 Do you expect to have sex with a man in the future? (tick one)

- Yes → NOW GO TO QUESTION 5
- Not sure → NOW GO TO QUESTION 5
- No → This research is for men who have sex with men. If you have not had sex with a man in the last year and you do **not** expect to have sex with a man in the future please do **not** complete this survey.

5 How many YEARS of full-time education have you had since the age of 16? (tick one)

- None
- 1 year
- 2 years
- 3 to 5 years
- 6 or more years

6 What is the gross income (before any deductions for Income Tax and National Insurance contributions) that you receive from all sources? (tick one)

- Less than £5000 per year or less than £96 per week
- £5000 – £9999 per year or £96 – £192 per week
- £10000 – £14999 per year or £193 – £288 per week
- £15000 – £19999 per year or £289 – £385 per week
- £20000 – £24999 per year or £386 – £481 per week
- £25000 – £29999 per year or £482 – £577 per week
- £30000 – £34999 per year or £578 – £673 per week
- £35000 – £39999 per year or £674 – £769 per week
- £40000 or more per year or £770 or more per week

7 What religion do you currently practice? (tick one)

- I do not currently practice a religion
- Judaism
- Christianity
- Islam
- Buddhism
- Paganism
- Other – **say what** _____



8 How old are you? years

9 What is your ethnic group? (tick one)

White

- British
- Irish
- Any other White background

say what _____

Mixed

- White and Black Caribbean
- White and Black African
- White and Asian
- Any other mixed background

say what _____

Asian or Asian British

- Indian
- Pakistani
- Bangladeshi
- Any other Asian background

say what _____

Black or Black British

- Caribbean
- African
- Any other Black background

say what _____

Other ethnic groups

- Chinese
- Any other ethnic group

say what _____

10 Compared to other men your age, do you consider yourself to be... (tick one)

- Much more attractive than average
- Somewhat more attractive than average
- About average attractiveness
- Somewhat less attractive than average
- Much less attractive than average

11 Do you currently have one (or more) regular MALE sexual partner(s)?

- No → NOW GO TO QUESTION 13
- Yes

12 Do you have a regular male sexual partner who has a different HIV status to yourself (where one of you has HIV and the other does not)? (tick one)

- No
- Yes
- Don't know

13 Do you currently have one (or more) regular FEMALE sexual partner(s)?

- No
- Yes



ABOUT HIV TESTING...

14 Have you ever received an HIV test result?

- No → NOW GO TO QUESTION 16
 Yes

15 What was your most recent test result?

- Negative → **Was your most recent negative result in the last year?**
 No Yes
- Positive → **When were you first diagnosed with HIV?**
_____ month _____ year

ABOUT THE DRUGS YOU'VE USED...

16 Do you smoke tobacco at all nowadays? (tick as many as apply)

- No, not at all
 Cigars
 A pipe
 In joints
 Cigarettes → **How many per day on average?**
 less than 10
 10 or more

17 In the LAST YEAR how often (on average) have you used each of the following drugs? (put one tick on each line)

	<i>Once a week or more</i>	<i>Once or twice a month</i>	<i>Less than once a month</i>	<i>Not at all</i>
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Marijuana / cannabis / grass	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ecstasy / E	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LSD / acid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Speed / amphetamine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crystal methamphetamine / tina	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cocaine / coke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crack cocaine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ketamine / K	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
GHB	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heroin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poppers / amyl nitrate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Viagra / Cialis / Kamagra / Leveitra	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tranquillisers / benzodiazepines / Bennys	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other(s) – say what _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



18 Tick a box to show whether you agree or disagree with the following:

- *“I would like to stop smoking tobacco”*

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

- *“I sometimes worry about how much I drink”*

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

- *“I sometimes worry about my recreational drug use”*

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

ABOUT THE SEX YOU'VE HAD IN THE LAST 12 MONTHS...

19 In total, how many MEN have you had sex with in the last 12 months? (tick one)

- None
- One
- 2, 3 or 4
- 5 to 12
- 13 to 29
- 30 or more

20 In the last 12 months, have you had sex with a man...
(tick as many as apply)

- who you knew at the time was HIV POSITIVE?
- who you knew at the time was HIV NEGATIVE?
- whose HIV status you DID NOT KNOW at the time?

21 In total, how many WOMEN have you had sex with in the last 12 months? (tick one)

- None
- One
- 2, 3 or 4
- 5 to 12
- 13 to 29
- 30 or more



FUCKING AND WEARING CONDOMS

22 Still thinking about the last 12 months, have you fucked a man (been active in anal intercourse)?

- No → NOW GO TO QUESTION 26
 Yes

23 How often have you worn a condom when you fucked a man?

- Never → NOW GO TO QUESTION 26
 Sometimes
 Always

24 Have any of the condoms YOU'VE worn SPLIT or COME OFF while you were fucking a man?

- No
 Yes

25 All of the following contribute to condoms tearing or slipping. Which have you done in the last 12 months?

(tick as many as apply)

- Unrolling the condom before putting it on your cock
- Not using any lubricant
- Using saliva as a lubricant
- Putting lubricant inside the condom before putting it on
- Not using lots of water-based lubricant on the outside of the condom
- Using a condom that's too short for your cock
- Fucking for over half an hour without changing the condom
- None of the above

26 Just to check, have you fucked a MAN (been active) WITHOUT a condom in the last 12 months?

- No → NOW GO TO QUESTION 28
- Yes

27 Have you fucked a man (been active) without a condom...

(tick as many as apply)

- who you knew at the time was HIV POSITIVE?
- who you knew at the time was HIV NEGATIVE?
- whose HIV status you DID NOT KNOW at the time?



GETTING FUCKED

28 Still thinking about the last 12 months, have you been fucked by a man (been passive in anal intercourse)?

- No → NOW GO TO QUESTION 30
 Yes

29 How often have you used condoms when being fucked?

- Never
 Sometimes
 Always

30 Just to check, have you been fucked by a man (been passive) WITHOUT a condom in the last 12 months?

- No → NOW GO TO QUESTION 32
 Yes

31 Have you been fucked without a condom by a man...

(tick as many as apply)

- who you knew at the time was HIV POSITIVE?
 who you knew at the time was HIV NEGATIVE?
 whose HIV status you DID NOT KNOW at the time?

FUCKING WITHOUT CONDOMS WITH SOMEONE OF A DIFFERENT HIV STATUS TO YOURSELF IS THE MOST COMMON WAY IN WHICH HIV IS TRANSMITTED IN BRITAIN. TO LEARN MORE ABOUT HIV TRANSMISSION AND SAFER SEX TRY www.chapsonline.org.uk

ABOUT POST EXPOSURE PROPHYLAXIS (PEP)...

PEP is a one month course of anti-HIV drugs. It attempts to stop HIV infection taking place after a person is exposed to the virus. It should be started as soon as possible after exposure and definitely within three days. In some UK hospitals PEP is available for those exposed to HIV through sex. In those hospitals whether you get PEP will depend on the likelihood that you have been exposed to HIV and your ability to cope with the side effects.

32 Have you heard of Post Exposure Prophylaxis (PEP)?

- No → NOW GO TO QUESTION 36
 Yes

33 Have you ever tried to get PEP?

- No Yes

34 Have you ever taken PEP?

- No Yes

35 Do you know anyone who has received PEP?

- No Yes

36 *MEN DIAGNOSED WITH HIV PLEASE GO TO QUESTION 37*

If you thought you had been exposed to HIV would you consider trying to get PEP?

- No
 Yes
 Maybe

IF YOU WOULD LIKE TO KNOW MORE ABOUT PEP
TRY www.pep.chapsonline.org.uk



ABOUT GOING TO A SEXUAL HEALTH CLINIC...

37 When was the MOST RECENT occasion you went to a sexual health clinic / GUM clinic / HIV clinic? (tick one)

- I've never been to a clinic → NOW GO TO QUESTION 42
- More than five years ago
- More than a year ago
- Within the last year but not in the last month
- Within the last month

38 On that most recent visit which of the following services did you get? (tick as many as apply)

- A check-up
- An HIV test
- Examination of symptoms / problem looked at
- Monitoring / treatment for HIV infection
- Treatment for something other than HIV
- Information
- Counselling, or someone to talk to
- Free condoms and lubricant
- Vaccinations against Hepatitis B
- PEP (Post-exposure prophylaxis for HIV)
- Other – **say what** _____

39 On that most recent visit, were you offered an HIV test?

- No
- Yes
- I had already been diagnosed with HIV

40 Thinking about that visit, indicate whether you disagree or agree with the following statements: (tick one each)

- *“I was seen within a reasonable time”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

- *“I felt able to talk about the risks involved in the sex I’d had”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

- *“The staff listened carefully to what I said”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

- *“I was treated with courtesy and respect”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

- *“The staff seemed to know their job well”*
 - strongly agree
 - agree
 - not sure
 - disagree
 - strongly disagree

- *“I'd recommend that clinic to other Gay men”*
 - strongly agree
 - agree
 - not sure
 - disagree
 - strongly disagree

41 Which clinic had you been to on that occasion?

(Please write the clinic name and town / area it's in)

Clinic name _____

Town/area _____

TO FIND YOUR LOCAL SEXUAL HEALTH CLINIC TRY

www.playingsafely.co.uk

ABOUT YOUR EXPERIENCE OF HOMOPHOBIC (ANTI-GAY) ASSAULT OR ABUSE...

42 In the LAST YEAR, have you been physically attacked or assaulted because of your sexuality?

- No → NOW GO TO QUESTION 46
 Yes

43 The last time this happened, did you report it to the Police?

- No → NOW GO TO QUESTION 45
 Yes

44 Did you tell the police that it was a homophobic (anti-gay) attack?

- No
 Yes → NOW GO TO QUESTION 46

45 Why did you not report the incident to the police as a homophobic (anti-gay) attack? (tick all that apply)

- I did not think that the police would take me seriously
 I did not think that there was anything the police could do
 The police are homophobic
 I am not / was not out at the time
 I did not feel it was serious enough to bother with
 Other reason – **say what** _____



46 In the LAST YEAR, have you been verbally abused because of your sexuality?

- No → NOW GO TO QUESTION 50
 Yes

47 The last time this happened, did you report it to the Police?

- No → NOW GO TO QUESTION 49
 Yes

48 Did you tell the police that it was homophobic (anti-gay) verbal abuse?

- No
 Yes → NOW GO TO QUESTION 50

49 Why did you not report the incident to the police as homophobic (anti-gay) abuse? (tick all that apply)

- I did not think that the police would take me seriously
 I did not think that there was anything the police could do
 The police are homophobic
 I am not / was not out at the time
 I did not feel it was serious enough to bother with
 Other reason – **say what** _____

ALL POLICE FORCES IN BRITAIN HAVE COMMITTED TO TAKING HOMOPHOBIC CRIME SERIOUSLY. YOU CAN FIND HELP WITH REPORTING TO THE POLICE AT www.report-it.org.uk

AND FINALLY...

50 Which of the following national and local publications do you read or look at regularly? (tick all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Attitude | <input type="checkbox"/> Metro |
| <input type="checkbox"/> AXM | <input type="checkbox"/> NOW UK |
| <input type="checkbox"/> Bent | <input type="checkbox"/> Out North West |
| <input type="checkbox"/> Boyz | <input type="checkbox"/> The Pink Paper |
| <input type="checkbox"/> DIVA | <input type="checkbox"/> Positive Nation |
| <input type="checkbox"/> Drum | <input type="checkbox"/> Queeri |
| <input type="checkbox"/> F:S | <input type="checkbox"/> QX |
| <input type="checkbox"/> Fyne Times | <input type="checkbox"/> Refresh |
| <input type="checkbox"/> Gay Times | <input type="checkbox"/> Scotsgay |
| <input type="checkbox"/> GCN | <input type="checkbox"/> SHOUT |
| <input type="checkbox"/> G:Scene | <input type="checkbox"/> 3SIXTY |
| <input type="checkbox"/> LB Plus | <input type="checkbox"/> Time Out |
| <input type="checkbox"/> London Evening Standard | <input type="checkbox"/> The Voice |
| <input type="checkbox"/> Man Zone | <input type="checkbox"/> Zone |

51 Do you have a gay.com profile?

- No
- Yes, but I do not currently use it
- Yes, currently in use
- Don't know

52 Do you have a gaydar profile?

- No
- Yes, but I do not currently use it
- Yes, currently in use
- Don't know



53 Have you filled in this survey already this summer?

No

Yes

*Thanks very much for taking part
Please remember to seal and post this booklet*

The results of this survey will be available next summer at www.sigmaresearch.org.uk where you can also find the results from previous surveys.

Do you have any comments or suggestions about this survey?